



Rosanna Little Athletics

**Annual Reports
2009/10**



Presidents Report 2009/10

A fantastic season for Rosanna Little Athletic Club has come to a close. It was a year of great enthusiasm and team spirit of which all athletes and families should be proud. At centre, region and state levels, it has been wonderful to see so many RLAC athletes representing the club and DVLAC.

£ 410

Congratulations to Under 8, 9 and 12 Girls and Under 8 Boys on taking out their respective DVLAC Age Group Championships. Congratulations also to the outstanding efforts by athletes who have broken club and centre records this season.

As with most community activities, membership undergoes cyclic change. RLAC has maintained strong numbers despite the anticipated decline after a Summer Olympic year. Peaking at 100 athletes I believe the strong 'Family, Fun & Fitness' ethos we promoted last season coupled with increased communication has aided this result.

The 'Wall of Wonder' has been a great source of entertainment and encouragement for all athletes and their families. We have been fortunate to have the photographic talents of Rainer Reinbold to highlight each of our athletes over the course of the season. His time and dedication has not gone unnoticed and I am positive all athletes and families have enjoyed his work.

Having reached our goal of 1181 personal bests as a club was a tremendous achievement and the athletes deserve the fantastic array of rewards they have received through the program. It is wonderful to see the littlest athletes benefiting also this year with the implementation of an On-track reward program.

It is impossible to speak of the great year we have had at Rosanna without mentioning the incredible efforts by our team managers, Warren and Sue Zerna. Yet again they have given their hearts to the job at hand and continued to develop their very well respected Encouragement Program from which all our athletes have benefited.

It has been great to hear of the strong attendance RLAC has had at training sessions on Wednesday evenings. Many thanks must go to our coach Grant King along with Linda Langford, and Anthony Crabtree for their dedication in attending weekly training to help develop the skills of our athletes.

Earlier in the year the Diamond Valley Executive Committee along with delegates from each voted to include Under 16 competition to the Diamond Valley program. Due to this we are pleased to not yet have to farewell our senior athletes but hope to watch their development for a further year. We wish them the best of luck in their final season at little athletics.

RLAC has been kindly supported by many local businesses throughout the season. This support has been both towards fundraising efforts with kind donations of prizes and discounted supplies for the cake stall, and vouchers to compliment the Personal Best Program for which the children to strive to earn. Many thanks to all the families and businesses who have contributed in helping the club on both financial and encouragement levels.

We were extremely fortunate to have Lisa Colovic in the role of fundraising co-ordinator. After a very successful fundraising day at Centre relays raising over \$500, Lisa also completed a lolly drive, all before December. As well as contributing towards the end-of-season presentation day for the athletes, these funds will enable the club to purchase a second shade tent as sun protection and comfort have been a large concern for the club in recent years.

This year saw a great increase in the level of communication to and from our members. This can only be attributed to the hard work of Carolyn Hannan. Her insightful newsletters have been a filled with tips, reminders and vital information which I am sure many have appreciated. Well done and thank you Carolyn.

Successful community activity can only be achieved with generous donations of time and effort. Little athletes is no exception to this and it could be argued that it requires a larger amount of man-power than most junior sports in order for it to succeed. Yet again I have been overwhelmed by the wonderful commitments made by many families within our club. It is impossible to mention all but please know that your efforts are appreciated and it is these efforts that enable our children to experience and enjoy their time at Little Athletics.

That said, I would like to extend my sincerest thanks to the committee of 2009/10 for all their hard work and flexibility.

2009/10 Executive Committee comprised of:

President:	Kristy McGregor
Secretary:	Carolyn Hannan
Treasurer:	Debbie Keppel
Volunteer Co-ordinator:	Sharon Hankinson
Registrar:	Belinda Coe
Uniform Co-ordinator:	Ali Mlikota
Team Managers:	Warren & Sue Zerna
Coach:	Grant King
On Track:	Peter Bovo
	Gregory Beriman
	Olivia Reinbold
	Marino Bovo
Fundraising:	Lisa Colovic
Delegate for DVLAC:	Sharon Collins
General Committee:	Angela Landy

I would also like to thank members of the RLAC family who gave their time to assist the 'greater good' that is DVLAC. Glenys Schubert again dedicated her Saturdays to co-ordinating backstraight timing as well as preparing the weekly recording tickets for each of the boys events, while Linda Langford prepared the weekly recording tickets for the girls. Sharon Collins volunteered to be the Girls Team Manager for Diamond Valley this year. She has done a sensational job in this role and we wish her luck again for the next season.

The support and guidance RLAC has received from the centre and all the clubs at DVLAC has been extremely heartening. It is great to see everyone working together to ensure all our children receive a positive and enjoyable experience during their time at little athletics. On behalf of the club I would like to thank Andrew Edney for all his time, knowledge and understanding over the many years he has been a member of the Little Athletics family.

Next season will see RLAC celebrate its 40th year. I am sure this will be a great inspiration for the club as milestones like this are truly momentous. Once again I thank you all for your continued support of the club and your enthusiasm toward our athletes. I wish all RLAC members and their families all the best for the future and I would encourage you all to give of yourselves so our children can continue to benefit from their experience at Little Athletics.

Kristy McGregor
RLAC President

Rosanna Team Managers Report 2009/10

The 2009/2010 season for RLAC has been a highly successful season. Building on last year's progress as a club we challenged ourselves in a number of areas. The Personal Best Program, with the bar set at 1181 was beaten with a week to spare, followed by an amazing 120PB's in the weekend of Centre Champs bringing our total to 1287!

A fantastic job by all athletes.

One goal the club had this season was to put together a participation program for the U6/7 On-track to encourage them to attend weekly. This proved highly successful, with all but one attending more than 50% of weekly competition.

Another club policy this season was to encourage the U7 On-track to participate in Region Relay, Multi and Track and Field Championships to gain experience for the next season when they will compete weekly. The results were encouraging with the U7 helping DVLAC achieve better results in their junior categories. The feedback from U7 was that they enjoyed the experience.

As a club Rosanna, given their results at centre level and high participation rate at region and state has elevated themselves to second behind Greenbriar as the most successful club this season .

Here is a snapshot of the season that WAZ (was):

- ☺ 62 athletes compete at centre relays with 48 receiving medals. Up 77% compared to last season 60%.
- ☺ Rosanna came second at the Centre Multi Championship.
- ☺ At the Region Multi Championships Rosanna had 25 Athletes (up from 6 last year) compete on behalf of DVLAC with:
 - ✓ four top 10 finishes ,
 - ✓ 6 top five finishes, and
 - ✓ 6 receiving medals. Of the 25 athletes who competed 16 finished in the top ten!A great result!
- ☺ At the State Multi Championships 5 Rosanna Athletes competed resulting in two top 10 finishes and one medaling.
- ☺ 59 Rosanna athletes entered to compete at Centre Track and Field resulting in 30 medals.

- ☺ 35 Rosanna athletes competed at Region Track and Field, an increase from 21 last season. Of this, 19 were from U9-U15 age group, of which 13 progressed to state. 16 U6-U7 athletes competed which is a huge increase from 4 last year. This highlights our policy in helping our Under 7 athletes gain competition experience before they progress to U8. Of those 16, 3 made it to finals with a further 5 winning medals.
- ☺ 13 Rosanna athletes qualified to compete at the State Track and Field Championships with 5 finalists, 1 of those medaling.
- ☺ 9 Club Records and 1 centre record were broken this season.
- ☺ Rosanna has won 4 age group awards out of a possible 14 this season.

Thank you all for a fantastic season.

Warren and Sue Zerna

Treasurers Report

As of the 26 March 2010 Rosanna Little Athletics club has a balance of \$8694.70 with a few cheques to be written and a few payments yet to come in. Once again we have had a very good year.

Fundraising raised a total of \$1998.93 with \$60.00 still outstanding. Interest received from the bank is a grand total of \$16.28.

Total cost for uniforms outlaid was \$1081.82 with still plenty in stock leading up to next season.

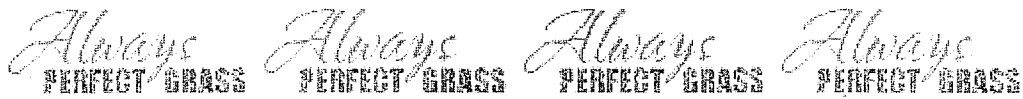
Total registration paid out to diamond Valley was \$5790.91.

I would like to take this opportunity to thanks all members of Rosanna Little Athletics and their parents in helping us achieve our goals and making my job easy.

Thank you

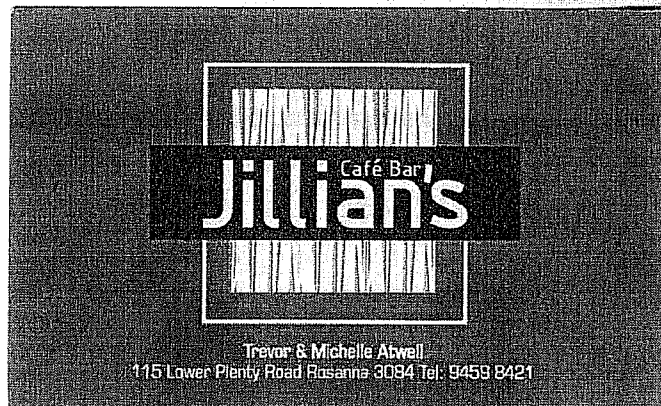
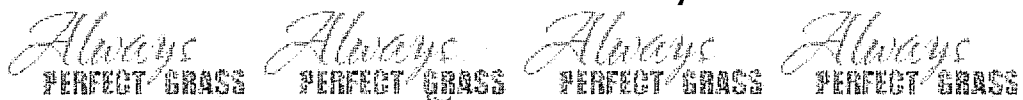
Debbie Keppel
Treasurer

Thank You to the following Sponsors of the PB achiever Program for 2009/2010:



Owned By Grant King

Sponsored the PB Program by purchasing & supplying the PB Achievers Perpetual Trophy and purchasing rewards for the top 5 PB achievers at Presentation Day



Formerly Cino Vino supplied a voucher for Athletes when they achieved 5 PB's



Supplied a voucher for movie hire when Athletes achieved 10 PB's

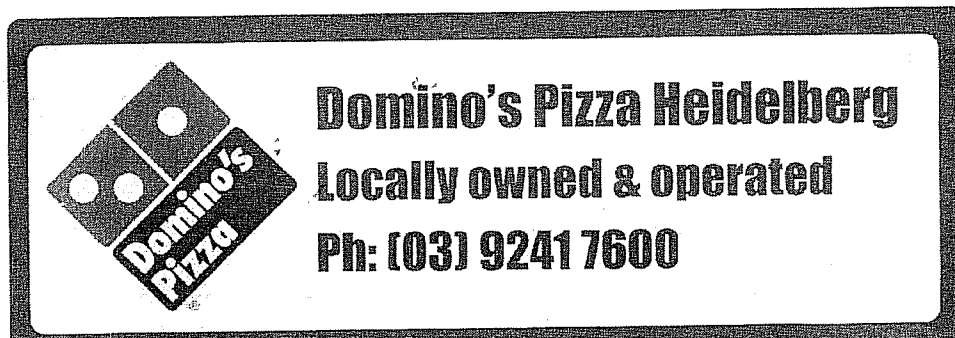


Supplied a voucher when Athletes achieving 15 PB's



Supplied a free laser mission game for Athletes when Athletes achieved 20PB's

Organized by Lisa Colovic



Supplied a free Pizza & certificate when Athletes achieved 25 PB's



Subway Rosanna:

Supplied a platter for qualifying Athletes on the twilight events, supplied loyalty card for families, reward at 30Pbs

Subway Heidelberg:

Supplied drink bottles for the ontrack participation



Always Fresh

■ **Muffin Break Greensborough:**

- Supplied a certificate/voucher for Athlete of the Week.



McDonalds Yallambie:

Supplied vouchers/ certificate for Athletes for doing 3 or more PB's in a day and also the ontracker participation rewards.

Bronwyn Meaden:

Supplied Jelly beans and Lollipops for 500PB club goal PB's and 1181 PB's

Donna and Rowan Lal:

Supplies Jelly Pythons at 250PB club goal

McGregor Family:

Supplied and made the candy cane reindeers for 750PB club goal and Christmas breakup.

Thank You to the following
Sponsors of RLAC 2009/2010

Caron Automotive

Vyve Restaurant

Rejuvenate

Muffin Break

Donut King